

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF DELAWARE

JEROME T. RIDGEWAY, JR. and)	
OLIVIA C.S. RIDGEWAY,)	
)	
Plaintiffs,)	
)	
v.)	Civ. No. 03-386-SLR
)	
THE UNITED STATES OF AMERICA,)	
)	
Defendant.)	
)	

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OPINION

Dated: September 29, 2006
Wilmington, Delaware


ROBINSON, Chief Judge

I. INTRODUCTION

Plaintiffs Jerome Ridgeway and his wife Olivia Ridgeway filed this medical negligence action pursuant to the Federal Tort Claims Act, 28 U.S.C. § 2671 et seq., on April 15, 2003. (D.I. 1, 18) The suit arises from medical care provided to Jerome Ridgeway by employees of defendant United States of America at its Veterans Administration hospital ("VA") in Elsmere, Delaware. A four day bench trial commenced on May 2, 2005. (D.I. 66) Post trial briefing is complete. (73, 76, 77) The court has jurisdiction under 28 U.S.C. § 1346(b). Pursuant to Fed. R. Civ. P. 52(a), the following are the court's findings of fact and conclusions of law.

II. FINDINGS OF FACT

1. On November 24, 1998, plaintiff, an uncircumcised, twenty-year military service retiree, arrived at the VA seeking treatment for paraphimosis¹. (D.I. 65 at 45-46, 192, 197-199)

2. In addition to paraphimosis, plaintiff had a history of medical problems, including type II diabetes mellitus,

¹Paraphimosis is an urologic emergency where the penis foreskin retracts back and, under certain conditions, will scar, become inflamed and form a tight band-like constriction around the head of the penis. (D.I. 69 at 12) It requires immediate reduction by bringing the skin back to its normal position either through manual manipulation or emergency circumcision.

hypertension, psoriasis,² herpes simplex II in the genital area, erectile dysfunction³ and balanitis.⁴ Plaintiff developed psoriasis in the mid-1980s. The condition was found to be a service connected disability related to serving in desert areas during Desert Storm and Desert Shield. (Id. at 153)

3. Dr. Kenneth Fitzpatrick, chief urology resident at the VA, examined plaintiff and manually repositioned the foreskin back down over the head of plaintiff's penis. (D.I. 65 at 45, 197) Dr. Fitzpatrick recommended that plaintiff have a circumcision to avoid recurrence of paraphimosis. (Id. at 45, 46, 197)

4. Plaintiff returned to the VA on December 7, 1998 for a physical examination. (Id. at 47-48) Dr. Fitzpatrick again recommended that plaintiff have a circumcision. Plaintiff agreed, signed a consent form, and the surgery was scheduled for January 7, 1999. (Id. at 46, 48; JX 19)

²Psoriasis can manifest as plaques and pockmarks on the skin. (D.I. 69 at 145) According to Dr. Navajeevan Chakkaravardhi, board certified in internal medicine and gastroenterology, psoriasis can also cause skin lesions, scarring, pain and ulcerations. (D.I. 68 at 102) Dr. Chakkaravardhi is employed by the VA and examined plaintiff in connection with plaintiff's request for compensation review made in 1999. (Id. at 92; JX 90)

³Plaintiff visited an impotency clinic in 1998. (D.I. 69 at 32-33, 114, 115, 116)

⁴Balanitis is the general inflammation of the penis. (D.I. 69 at 13) It is a common condition in diabetics.

5. Pre-operative testing was performed. Plaintiff's glucose reading was high at 350. (D.I. 67 at 110, 111) Diabetes interferes with wound healing and can increase the risk of infection. (Id. at 113) Plaintiff's weight was recorded at 300 pounds. (D.I. 69 at 31)

6. The surgical team assigned to plaintiff's circumcision were: (1) Dr. Jerome Zink, a resident who started his urology rotation about seven days before the surgery; (2) Dr. Joe Gueco, attending surgeon; and (3) Dr. Robert Hong, chief urology resident. (D.I. 67 at 77) Prior to the surgery, lines were drawn on plaintiff's foreskin to serve as cutting guides for the procedure. (D.I. 65 at 80, 82)

7. After receiving general anesthesia, Dr. Zink performed the circumcision with the assistance of Drs. Hong and Gueco. (D.I. 67 at 77) This was the first time Dr. Zink performed a circumcision. (Id. at 77-78) Dr. Zink reported finding a ring of scar tissue that formed within the plaintiff's foreskin. (Id. at 75) The removed foreskin specimen was sent to pathology for examination. (D.I. 65 at 50) No unusual occurrence was recorded in the surgical records prepared contemporaneous to the procedure. (JX 30)

8. The pathology report noted the size of the foreskin specimen as 5 by 3.7 by .4 cm and rectangular in shape. (JX 34; D.I. 68 at Id. at 57, 121-122) Dr. William Hamilton, an

experienced VA pathologist, examined the specimen. (D.I. 68 at 121) Dr. Hamilton observed that the foreskin showed "chronic inflammation." (JX 34) Dr. Hamilton has reviewed numerous foreskin samples and considered plaintiff's specimen normal, of ordinary size and showed inflammation consistent with plaintiff's history of balanitis. (D.I. 68 at 122, 124)

9. In the recovery room after surgery, plaintiff's incision started to bleed and the surgical team was notified. (D.I. 65 at 53) Dr. Zink arrived to find plaintiff had stopped bleeding and the incision was intact. (D.I. 67 at 85) However, plaintiff had developed a hematoma⁵ in the incision site. Dr. Zink examined and redressed the wound. (Id. at 54) Dr. Zink considered the best way to manage the situation and consulted with other urologists. Because the incision was intact and bleeding had stopped, Dr. Zink concluded that the risks of reopening the incision, i.e., infection and cosmetic risk of recovery, were outweighed by taking no immediate action and waiting to see whether plaintiff's body would reabsorb the blood. (Id. at 85-86, 56) Plaintiff was discharged that same day with an antibiotic, pain medication and post-surgical instructions. (Id. at 56, 63)

10. On January 11, 1999, plaintiff wrote a letter to the Department of Veterans Affairs requesting a review of his 30%

⁵Hematoma is a collection of blood. (D.I. 68 at 142)

disability rating due to a worsening of his psoriasis condition. (JX 85) Specifically, plaintiff referenced that he had psoriasis over 70% of "his total body area" and that the condition has "extensive exfoliation and is extremely repugnant." He further wrote, "the psoriasis condition has spread to my groin area and has caused me major problems with my penis. The condition has gotten so bad that I had a circumcision operation on 7 January 99 to hopefully relieve a painful condition." (Id.)

11. Plaintiff applied ice to the incision and took the pain medication for several days, without relief. (D.I. 65 at 57) On January 14, plaintiff returned to the VA for treatment because his genital area was swollen and bloody. (Id. at 58-59) Dr. Zink examined plaintiff and consulted with chief urologist Dr. Alex Raney. (Id. at 59) Dr. Raney recommended surgical removal of the hematoma and surgery was scheduled for the next day. (D.I. 69 at 132-135)

12. With plaintiff sedated under general anesthesia, Dr. Raney drained and evacuated the hematoma. (Id. at 139) No additional foreskin tissue was cut out, although some dead tissue was removed. (Id. at 60, 91; JX 37) Plaintiff stayed overnight at the VA.

13. In February, plaintiff returned for follow-up visits with Dr. Zink. (D.I. 65 at 63) Plaintiff complained that he did not have enough skin remaining on his penis to obtain pain-free

erections. (Id. at 64) As plaintiff explained, "when [he] got erections [his] penis was bending upward, upwards. And [he] didn't have enough skin for [the penis] to come out to have a full erection." (Id. at 65) Dr. Zink advised that the wound would take time to heal and, eventually, the skin would stretch and return to normal. (Id.)

14. Because plaintiff continued to have difficulty reaching normal, elongated erections and was experiencing pain, he consulted another urologist. Dr. Michael Zaragoza, a board certified urologist in private practice, treated plaintiff on one occasion in July 1999. (D.I. 67 at 52) Plaintiff complained of pain in the penis during erection and inadequate erections due to shortened skin on the left side of his penis. (Id. at 54) After physically examining plaintiff, Dr. Zaragoza determined that plaintiff's erectile difficulties were due to scarring that occurred at the circumcision and the removal of the hematoma. (Id. at 55) Dr. Zaragoza determined that a skin graft was necessary to replace the scarred, inelastic tissue with healthy, elastic tissue to restore normal erections and referred plaintiff to a plastic surgeon. (Id. at 56, 58-59) Dr. Zaragoza did not observe any psoriasis on plaintiff's penile shaft. (Id. at 59)

15. In early 2000, plaintiff's pain and discomfort during erections continued. (D.I. 65 at 68) He made an appointment with Dr. Michele Shermak, a board certified plastic surgeon

associated with Johns Hopkins University. (Id. at 69; D.I. 167 at 135, 137) After examining plaintiff and noting his complaints of erectile dysfunction, pain with erections and the absence of vaginal sex in his marriage, Dr. Shermak recommended a skin graft to correct the problem. (Id. at 70-72)

16. In various examination notes and letters to insurance companies, Dr. Shermak describes plaintiff and his circumcision as follows: "improper circumcision procedure" (id. at 168); an "overzealous circumcision" (id. at 173); and "[plaintiff] was a patient who was left with a disabling scar contracture of [his] penis after a failed circumcision" (Id. at 168).

17. On June 26, 2000, plaintiff's first skin grafting surgery occurred. (D.I. 67 at 140; JX 103, 104) Dr. Shermak removed the tightened skin on plaintiff's penis, created a wound on the penis where she placed a piece of skin from another part of his body. (D.I. 67 at 143, 72) Dr. Shermak viewed the surgery successful because plaintiff's penis was now straight and no longer bent. (Id. at 74; D.I. 65 at 74) However, Dr. Shermak noted that plaintiff was still experiencing pain with sexual intercourse and having problems with erections. (D.I. 67 at 153; JX 106) Dr. Shermak made these statements based on what plaintiff told her and not with the benefit of having reviewed his VA medical records. (D.I. 67 at 187)

18. Because plaintiff still did not have enough skin to achieve a complete erection, Dr. Shermak performed a second skin grafting in October 2000. (D.I. 65 at 75; D.I. 67 at 154; JX 108, 109) Dr. Shermak considered the surgery successful and noted that plaintiff was able to have sexual intercourse and was experiencing "much less pain." (JX 114)

19. A third and final surgical grafting occurred in November 2001. (D.I. 65 at 76; D.I. 67 at 170) Dr. Shermak noted that plaintiff reported a decrease in sexual activity due to lack of interest and loss of sensation. (JX 115) Dr. Shermak considered the third skin graft a success. (D.I. 67 at 198) Plaintiff was satisfied with the results and indicated he was able to have full erections without pain. (JX 118)

20. During subsequent appointments with Dr. Shermak, plaintiff requested a prescription for Viagra⁶ to assist with erectile dysfunction. (Id. at 81, 109; D.I. 67 at 173; JX 118) Dr. Shermak's notes also indicate that plaintiff was "still not having normal sexual intercourse." (D.I. 67 at 175)

21. Dr. Shermak concluded, within a reasonable degree of medical certainty, that all of the procedures and treatment she provided were necessitated by the circumcision and hematoma evacuation. (Id. at 182)

⁶Viagra is a drug prescribed to patients with sexual dysfunction. (D.I. 69 at 116)

22. In 2002 and 2003, plaintiff was treated by Dr. Frederick Kotler, a VA physician and board certified internist. (D.I. 68 at 67) Dr. Kotler treated plaintiff for diabetes, psoriasis, erectile dysfunction, low testosterone levels and hypertension. (Id. at 71-76) Dr. Kotler prescribed Viagra and this prescription was refilled several times. (Id. at 70)

23. Dr. Irvin Hirsch testified as a defense medical expert. (D.I. 69 at 2) He is a clinical professor of urology in the Department of Urology at Thomas Jefferson University, a board certified urologist and a prolific writer on urology topics. (Id. at 3, 4-5) After reviewing the available records, reports and statements, Dr. Hirsch concluded the circumcision was fully indicated and it was well within the standard of care to allow a first year resident (Dr. Zink) to perform the circumcision because Dr. Zink actually had two years of surgery experience before arriving at the VA. (Id. at 18) Dr. Hirsch found that there was no medical evidence that too much foreskin was removed during the circumcision. (Id. at 19) He opined that the most likely causes of the elasticity deficiency in plaintiff's penis were infection, inflammation and scarring. (Id. at 23)

24. Dr. Hirsch observed that the foreskin specimen was very thick, which indicates previous inflammation and scarring. (Id. at 17, 23-24) Psoriasis and diabetes can cause problems with wound healing. (Id. at 23-24) Dr. Hirsch also found, in

plaintiff's history, numerous dermatology visits for scarring, scarring of the scalp and other areas of the body" (id. at 25), all of which and led him to conclude:

[W]hen surgery is superimposed on someone who's an intrinsic scarrer, then we have the process of scarring and deficiency of elasticity of the area that is operated on. It was present after the circumcision. It was present after a couple of the grafting procedures that had to be redone because of scarring and contracture. So I think there's an intrinsic patient-related attribute of scar tissue formation and a tendency and predilection to scar formation.

(Id. at 25; 130)

25. With respect to the hematoma, Dr. Hirsch determined that the decision to watch and wait rather than surgical intervention was well within the acceptable standard of care. (Id. at 26-28, 97) The decision to evacuate the hematoma, as well as the treatment utilized approximately one week later, was appropriate and within the acceptable standard of care. (Id. at 29-30)

26. Plaintiff's expert Dr. Alan Geringer, a board certified urologist in private practice, concluded there was a breach in the standard of care because too much foreskin was removed during the initial circumcision, which was complicated by the second procedure. (D.I. 68 at 139, 151) Dr. Geringer reviewed available records, statements and reports. He based this opinion largely on the remarks made by Dr. Zaragoza and Dr. Shermak. He opined that there was error in drawing the lines pre-surgery and

that too much skin was removed because plaintiff was overweight. (Id. at 140, 144) Further, he concluded that the hematoma could have led to scarring of the penile skin which could have inhibited full expansion of the penis. (Id. at 144)

27. Dr. Geringer was not able to conclude from the pathology report that too much foreskin had been removed. (Id. at 150, 161) Instead, Dr. Geringer surmised that too much foreskin had been removed by looking backwards from Dr. Zaragoza's report and Dr. Shermak's notes, which include the finding of a "skin deficit." (Id. at 150, 165-166) By deduction, Dr. Geringer concluded that the only way the shortage could have occurred was by the circumcision which removed too much skin. (Id.) Although scarring can lead to a deficiency in the penile skin, Dr. Geringer does not believe psoriasis played a role in the circumcision or the healing process. (Id. at 154-156)

28. Dr. Geringer could not conclude that the standard of care was deviated when the physicians did not remove the hematoma immediately after the circumcision. (Id. at 164) Specifically, he opined, "[i]t's a judgment call, I wasn't there." (Id. at 164-165)

III. CONCLUSIONS OF LAW

1. This Federal Torts Claim of medical negligence is brought under Delaware's Health Care Medical Negligence Act, 18 Del. C. § 6801 et seq. Under § 6801(7), negligence is defined as

[a]ny tort or breach of contract based on health care or professional services rendered, or which should have been rendered, by a health care provider to a patient.

Further,

[t]he standard of skill and care required of every health care provider in rendering professional services or health care to a patient shall be that degree of skill and care ordinarily employed in the same or similar field of medicine as defendant, and the use of reasonable care and diligence.

2. The Act mandates expert testimony be presented as the to the alleged deviation from the applicable standard of care in "the specific circumstances of the case and as to the causation of the alleged personal injury or death." 18 Del. C. § 6853(e). To that end, the Delaware Supreme Court has concluded that the fault standard imposed by the Act requires that a qualified expert opine that the challenged care was both negligent and the cause of the alleged injury. McCusker v. Surgical Monitoring Assocs., 299 F. Supp. 2d 396, 398 (D. Del. 2004). Unusual or disturbing results alone are not sufficient evidence of malpractice or negligence. Timblin v. Kent General Hosp., 640 A.2d 1021, 1024 (Del. 1994). Moreover, when a "physician chooses between appropriate alternative medical treatments, harm resulting from a physician's good faith choice of one proper alternative over the other is not medical malpractice." Corbitt v. Tataqari, 2001 WL 1482635 at *1 (Del. Super. 2001).

3. Proximate cause is defined as "but for," Culver v. Bennett, 588 A.2d 1094, 1097 (Del. 1991), so the defendant physician's "conduct is a cause of the event if the event would not have occurred but for that conduct." The defendant doctor's "conduct is not a cause of the event if the event would have occurred without it." Id.

4. Plaintiffs allege that defendant, through its agents, failed to provide the requisite standard of medical care to plaintiff when he underwent the circumcision procedure at the VA on January 7, 1999. They allege that this breach of the standard of care was the direct cause of the injuries and damages of which plaintiff complains. After considering the evidence of record, trial testimony and the demeanor of those testifying witnesses, the court cannot conclude that plaintiffs have carried their burden of demonstrating, by a preponderance of evidence, that there was a deviation from the standard of care.

5. Plaintiffs allege each defendant physician breached standards of care in different ways. However, each theory centers around whether the January 7, 1999 circumcision was properly performed. As a result, any deviations in the pre-surgical marking, the procedure itself or the supervision of it, gives rise to the negligence of defendant.

6. Plaintiffs' theory of excessive skin removal rests in large part on the testimony of their expert, Dr. Geringer. The

physician's opinion, however, is based more upon bare conclusions than on an adequate factual foundation. For example, Dr. Geringer finds negligent care merely because of a "deficit of skin" and deduces the cause by tracing the events backwards. This opinion lacks a specific explanation of how and by what manner the physicians deviated from standard practice, e.g. too deep an incision. It also ignores Dr. Geringer's own concession that a process outside of surgery could lead to a similar result and is in direct conflict with defense expert Dr. Hirsch's view that no physician deviated in any manner from the accepted standard of care for the pre-surgical or surgical process.

7. The court found credible Dr. Hirsch's opinion that the VA team adhered to the standard of care in the pre-surgical and surgical management of plaintiff's condition. His opinion is based upon an adequate factual foundation, including a pathology report showing the area of excess skin was within the average range for this procedure. This view is supported by the pathologist himself, Dr. Hamilton, who testified that the excised skin was a size typical for circumcision. Further, the VA team present during surgery contemporaneously recorded no unusual events. (JX 30)

8. Plaintiffs next assert that the care rendered in the post-surgical process, or the lack of it, deviated from the standard of care. Specifically, they claim that the physicians

failed to adequately treat his post-surgical hematoma which led to complications and contributed to his poor post-operative course. The totality of the evidence, however, when considered against the applicable law, fails to support this theory.

9. Specifically, under Delaware law, a physician who exercises judgment in the face of a competing option is not said to have deviated from the standard of care. Corbitt v. Tataqari, 2001 WL 1482635. As long as the opinion is viable, no negligence exists. Id. Here, Drs. Geringer and Hirsch agree that the physicians' decision to opt for a conservative course in treating the hematoma was a discretionary exercise in judgment. Regardless of the outcome, a conservative course was undisputably a viable alternative to a second surgery and not a basis for negligence.

10. Alternatively, plaintiff's surgical and post-surgical course was not a proximate result of any act of the physicians involved in the circumcision or evacuation. Even if the court were to find that deviation from the standard of care existed, the record does not establish that any said deviation led to harm. Plaintiff's extensive medical history, including his own admissions and findings of disinterested physicians, prevent a finding of the causal link necessary for plaintiffs to prevail. Specifically, plaintiff admits to psoriasis in the genital area before the 1999 surgery and advised the VA in a letter composed

immediately after his surgery that the circumcision was due to a spread of psoriasis to his penis. It is undisputed that psoriasis complicates the healing process and that plaintiff had a history of excessive scarring. This is particularly relevant, according to Dr. Hirsch, because the pathology sample showed usually thick tissue, consistent with preexisting inflammation and scar tissue build-up. This build-up, in turn, prevents skin "elasticity" and contributes to precisely the complaints plaintiff presents here. Even plaintiff's expert, Dr. Geringer, concedes that scarring itself - unrelated to surgery - may lead to a deficiency in penile skin. Accordingly, the record suggests that plaintiff's own, unique medical history and conditions likely caused the problems he experienced after surgery.⁷

IV. CONCLUSION

For the reasons stated, plaintiffs have not demonstrated a violation of the Federal Torts Claim Act. An appropriate order shall issue.

⁷In so finding, it is unnecessary to reach defendant's arguments regarding plaintiff's allegedly contradictory statements, his erectile dysfunction or his use of Viagra. Although the court's findings of facts allude to same, this information is insignificant to the conclusions reached regarding the standard of care rendered by defendant. Similarly, in light of the conclusions reached, the testimony of plaintiff Olivia Ridgeway and, specifically, the impact plaintiff's medical condition has had on her life, are not reflected in the findings of fact.